Porcupine Stadium--Springtown, TX 2A Region II Track and Field Championships

April 28-29, 2017

Friday

	*Trac	ck closed for all non 3200 meter participants *
9:00 AM	3200 Meter Finals-	Women's, Men's
	Men's Long Jump	
	Women's Pole Vau	It Women vaulters will be weighed in from 7:00 to 7:30am
	Women's Shot Put	Women's shots will be certified from 7:00 to 8:15am
10:30 AM	Women's High Jur	np
11:30 AM	Women's Long Ju	mp
	Men's Pole Vault	Men vaulters will be weighed in from 9:30 to 10:00am
	Men's Shot Put	Men's shots will be certified from 7:00 to 9:30am
Track will	open f <mark>or warm-ups</mark> a	t the conclusion of Women's High Jump and then close again at 1:15
1:30 PM	Field Event Award	's Ceremony
2:00 PM	Running Prelims	
1	2:00	4 X 100 Relay
	2:20	100/110 Hurdles
	2:40	100 Meter Dash
	2:55	4 X 200 Meter Relay
	3:15	400 Meter Dash
	3:30	300 Meter Hurdles
	3:45	200 Meter Dash
	30 minutes after c	completion of the 200 4 X 400 Meter Relay

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Saturday

*Track closed until completion of high jump *

9:00 AM Men's Triple Jump

Women's Discus

Women's discs will be certified from 7:00 to 8:15am

10:30 AM Men's High Jump

11:30 AM Women's Triple Jump

Men's Discus

Men's discs will be certified from 7:00 to 9:30am

Track will open for warm-ups at the conclusion of Men's High Jump and then close again at 1:15

1:30 PM Field Event Award's Ceremony

2:00 PM Running Finals

_	2:00	4 X 100 Relay
	2:10	800 Meter Run
	2:25	100/110 Hurdles
	2:40	100 Meter Dash
<	2:55	4 X 200 Meter Relay
	3:10	400 Meter Dash
	3:25	300 Meter Hurdles
	3:40	200 Meter Dash
	3:55	1600 Meter Run
	4:20	4 X 400 Meter Relay